



**INTRODUCTION**

The Sure Step Ankle Support System is designed to provide superior ankle stabilization when used in conjunction with an athletic shoe and is available in a fixed or adjustable position. While it fits into many shoe styles, the Sure Step is not designed to fit into lace-up or slip on dress shoes. It should fit comfortably in both high and low top athletic shoes and many soft leather walking shoes.



Figure 1: All straps fully loosened.

Product Code		Description	Size
Left Model #	Right Model #		
A38100	A38101	Sure Step Adjustable Position	Extra Small
A38102	A38103	Sure Step Adjustable Position	Small
A38104	A38105	Sure Step Adjustable Position	Medium
A38106	A38107	Sure Step Adjustable Position	Large
A38108	A38109	Sure Step Adjustable Position	Extra Large
A38200	A38201	Sure Step Fixed Position	Extra Small
A38202	A38203	Sure Step Fixed Position	Small
A38204	A38205	Sure Step Fixed Position	Medium
A38206	A38207	Sure Step Fixed Position	Large
A38208	A38209	Sure Step Fixed Position	Extra Large



Figure 2: Foot insertion.

**INSTRUCTIONS AND USE**

**Caution: Do not use the Sure Step orthosis without appropriate footwear.**

1. Insert the orthosis into the shoe and loosen all four hook and loop straps (FIGURE 1).
2. Open the brace like a 'clam shell' and fully insert the foot into the shoe (FIGURE 2).
3. Lift the foot slightly while sliding the Sure Step toward the back of the shoe to assure proper placement (FIGURE 3).
4. Fasten the rear straps first, followed by the front straps, and adjust as necessary for maximum comfort (FIGURE 4).

The Sure Step may be used with or without the insole of your shoe. If the Sure Step is placed in the shoe on top of the insole and does not provide the desired comfort, try removing the insole before inserting the Sure Step.



Figure 3: Adjusting the orthosis.



Figure 4: Tightening the straps.





## QUESTIONS

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Trulife has appointed Medical Device Safety Service (MDSS) of Hannover, Germany to act as our EU authorized representative. They may be contacted at:

### **MDSS GmbH**

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30175 Hannover

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## LIMITED WARRANTY

Trulife warrants that the Sure Step Ankle Support System will be free from defects in material and workmanship for the Sure Step Ankle Support System from the date of installation.

This warranty will not apply if the product has been damaged by misuse, abuse, neglect, improper care, failure to follow instructions, abnormal wear and tear, or in the event that a Sure Step Ankle Support System has been modified/repared by persons unauthorized by Trulife.

If a defect in material or workmanship is found during the warranty period, Trulife will, at Trulife's option, either repair or replace the product. If it is not possible to repair or replace the product, Trulife will be limited to refunding the purchase price.

Trulife will not be liable under any legal theory for any direct, indirect, special, incidental or consequential damages arising from the use of or inability to use this product.

The application guidelines for this Trulife product are for the use of and by certified, qualified practitioner only. Patients are not to attempt to apply or adjust the item unless expressly instructed to do so by the practitioner responsible for the prescription and/or initial fitting of the device. All patient questions should be referred to the practitioner and not to the manufacturer. The manufacturer warrants only that the enclosed product has been inspected for quality and can be effective for certain indications, but final decisions and ongoing monitoring must be made by the medical professional(s) prescribing and/or fitting the device to determine its effectiveness for an individual patient. Patient compliance is an integral part of the entire protocol and must be adhered to in order to avoid potential problems and to maximize the effectiveness of the prescribed product.

As a condition of the sale of any Trulife product, this product is restricted to a "Single Patient Use Only" by the originally fitted patient in order to protect the care provider and the patient against potentially adverse consequences of infectious disease transmission, material instability in adapting to the configuration of the original user and/or decrease in effectivity. Any express or implied warranties are voided if the product is reused or fitted to another patient. Additionally, a license of right to use under any relevant patents pertaining to the product is terminated with the cessation of use by the original patient. As with all Trulife products, this product must be prescribed and applied by a qualified practitioner to determine it meets the needs of the particular patient and accomplishes the desired results.

